



November 21, 2015
Tirana, Albania

SCIENTIFIC CONFERENCE

"Health through Nutrition:

Factors of nutrition and their impact on morbidity"

In support of scientific approaches of the country (Albania)'s priority issues, in compliance with national strategies and the implementation of the Government Programme, Academy of Sciences of Albania in collaboration with University of Medicine of Tirana, Ministry of Health, Institute of Public Health and Compulsory Health Insurance Fund will organize the Scientific Conference:

"Health through Nutrition: Factors of nutrition and their impact on morbidity".

The Conference will be run according to the recommendations made from the two previous Conferences: "*Management - the major challenge of the health care system*" and "*Prevention and early diagnosis of cancer, challenges and opportunities for a positive impact in Albania*", considered top priorities in the Health System Program by the Government.

The meeting will take place on November 21, 2015 at *Aleks Buda* Conference Hall, Academy of Sciences of Albania.

The Aim of Conference:

Evidence of the nutrition's impact on morbidity of population in Albania and the role of nutrition in the prevention and management of specific diseases;

Involvement and raising awareness of relevant stakeholders on the role of food and nutrition in reducing morbidity, Exchanging information and building capacities of various stakeholders within and outside of the health system through the training during the Conference;

Approval of the Conference Declaration on policy orientation for the prevention and management of diseases through healthy nutrition.

Beneficiary (target) groups of Conference:

Ministry of Health, Compulsory Health Insurance Fund, Regional Health Directorates, Primary Service of Family Physicians, Population, Food Business.



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Honorary Committee

Acad. Prof. Dr. Gudar Beqiraj, Vice President of the Albanian Academy of Sciences;
Acad. Prof. Dr. Arsim Morina, Academy of Sciences and Arts of Kosovo;
Acad. Prof. Dr. Momir Polenakovic, Academy of Sciences and Arts of Macedonia;
Dr. Milva Ekonomi, Deputy Minister of Health of Albania;
Prof. Dr. Mira Rakacolli, Dean of Faculty of Medicine, University of Medicine;
Prof. Dr. Enver Roshi, Dean of Faculty of Public Health, University of Medicine;

Scientific Committee

Acad. Prof. Dr. Salvatore Bushati – Head of Natural & Technical Sciences Section, Academy of Sciences of Albania.
Acad. Prof. Dr. Bashkim Resuli – Academy of Sciences of Albania.
Assoc. Acad. Prof. Dr. Anesti Kondili - Academy of Sciences of Albania.
Dr. Gazmend Bejtja - Ministry of Health, Directory of Health Policy.
Prof. Dr. Genc Burazeri – Vice Director of Institute of Public Health.
Assoc. Prof. Dr. Alban Ylli - Institute of Public Health.
Prof. Dr. Agron Ylli – Chairman of Albanian Society of Endocrinology.
Dr. Albana Adhami - Compulsory Health Insurance Fund.
Assoc. Acad. Prof. Dr. Efigjeni Kongjika – Scientific Secretary of Natural and Technical Sciences Section, Academy of Sciences of Albania.
Assoc. Prof. Dr. Gentiana Qirjako - Institute of Public Health.
Dr. Ardian Xinxo – Director of Institute of Food Safety and Veterinary

Secretary

Dr. Anita Berberi – Assistant of Natural & Technical Sciences Section, Academy of Sciences of Albania.
MSc. Blerina Shkreta – Editor of “JNTS” Natural & Technical Sciences Section, Academy of Sciences of Albania.
Enkelejda Misha – Publication support

CONFERENCE PROGRAM

08:30 – 09:00 ***Registration of participants***

09:00 – 09:20 ***Opening ceremony:*** Welcome greetings from representatives

- Academician Prof. Dr Muzafer Korkuti, *President Academy of Sciences of Albania;*
- Mr. Ilir Beqja, *Minister of Health;*
- Prof. Dr Edmond Panariti, *Minister of Agriculture, Rural Development and Water Administration.*
- Prof. Dr Arben Gjata, *Rector of University of Medicine, Tirana.*

09:20 – 09:50 ***Coffee break***

09:50 – 11:30 ***First Session: Issues of nutrition***

09:50 – 10:10 *An overview of the morbidity situation of the Albanian population in the context of food and nutrition.*

Dr. Gazmend Bejtja¹, Dr. Albana Adhami², Eralda Marjani¹, Dr. Pellumb Piperi³

¹Ministry of Health, Directorate of Health Care, Albania

²Fund of Obligatory Health Insurance, Albania

³University of Medicine, Infectious Diseases Service, Albania

10:10 – 10:30 *Nutrition and safe food as risk factors for noncommunicable diseases in Republic of Macedonia.*

Ass. Prof Shaban Mehmeti¹, Assoc. Prof. Gordana Ristovska²

¹Institute of Public Health, Republic of Macedonia.

²Medical Faculty, University Ss. Cyril and Methodius, Skopje, Republic of Macedonia.

10:30 – 10:50 *Evidence based policies on food and nutrition in Albania: the example of developing National Plan on Healthy Food and Nutrition 2013-2020.*

Dr. Jolanda Hyska, Assoc. Prof. Dr. Alban Ylli.

University of Medicine, Tirana, Institute of Public Health, Albania

- 10:50 – 11:10* *Social determinants and nutrition status among children in Albania*
Prof. Dr Enver Roshi, Assoc. Prof. Dr. Gentiana Qirjako.
University of Medicine, Tirana, Institute of Public Health, Albania
- 11:10 – 11:30* *Food safety in Albania, through analytical results of different food chain's links, 2014.*
Dr. Ardian Xinxo
Institute of Public Health, Albania
- 11:30 – 12:00* *Coffee break*
- 12:00 – 14:20* **Second Session: Problems of health related to the nutrition**
- 12:20 – 12:20* *Nutrition during pregnancy on fetus programming, as well as in infancy and childhood*
Prof. Dr Eduard Tushe.
University of Medicine, Tirana, Albania
- 12:20 – 12:40* *Over- nutrition and Metabolic Syndrome*
Acad. Prof. Dr. Bashkim Resuli.
Academy of Sciences of Albania, Tirana, Albania.
- 12:40 – 13:00* *Nutrition and cardiovascular diseases*
Assoc. Acad. Prof. Dr. Anesti Kondili.
Academy of Sciences of Albania, Tirana, Albania.
- 13:00 – 13:20* *Diabetes and nutrition impact*
Prof. Dr. Agron Ylli.
University of Medicine, Tirana, Albania
- 13:20 – 13:40* *Nutrition and diseases of digestive tube*
Prof. Dr. Skerdi Prifti¹, Acad. Prof. Dr. Bashkim Resuli².
¹University Clinic of Gastrohepatology, University Hospital Center Mother Theresa,
Tirana, Albania.
²Academy of Sciences of Albania, Tirana, Albania.

- 13:40– 14:00 *The importance of a healthy diet in rheumatologic diseases*
Prof. Dr. Argjend Tafaj.
University of Medicine, Tirana
- 14:00 – 14:20 *The role of nutrition in the prevention and management of developmental brain diseases.*
Assoc. Prof. Ariel Çomo.
University of Medicine, Tirana
- 14:20 – 15:00 **Approval of the Conference Declaration**
- 15:00– 16:30 **Short Lunch with Albanian food products based on Pyramid for a balanced and healthy nutrition.**





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GUIDELINE FOR REGISTRATION OF PARTICIPANTS

Participation will be **accredited** from *National Center of Continuing Education* and **certified** from Academy of Sciences of Albania

Registration fee: 2000 ALL

For students: 1000 ALL

Students must present a proof of their status.

The conference registration fees include:

- A participant kit/bag with conference proceedings (CD), a printed abstract book
- Access to all official conference sessions
- Coffee breaks and Short lunch

Payment of registration fee is possible due:

1- Bank Account.

Credins Bank

IBAN: AL66 2121 1322 0000 0000 0014 6309

Once payment is made, a scanned copy of the invoice should be sent by mail to the address anriberberi@gmail.com to complete registration. The invoice must contain the short title of the Conference "**Health through Nutrition**"

For Students a scanned copy of their status proof should be attached to the invoice.

2- Cash payment nearby Secretariat of Conference

Academy of Science of Albania, Address: Sheshi Fan S. Noli, Nr 7, Tirana, Albania

Payment can be made from 2/11-19/11, Monday- Thursday, 9:00 - 16:00

For questions and assistance regarding registration, please contact Secretary:

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